**Tri Valley Health System’s Senior Life Solutions Program Named a Finalist for Program of the Year Award**

Tri Valley Health System is pleased to announce that their Senior Life Solutions program, has been named a finalist for Program of the Year.

To date, there are 90 Senior Life Solutions programs across 26 states nationally. Top performing employees and programs are recognized annually based on their excellence in demonstrating the program’s values of care, compliance, and community. This year, five individuals and programs received this significant recognition and 10 programs were named a finalist. Award recipients demonstrated outstanding patient care, excellent comprehension

Tri Valley Health System’s Senior Life Solutions is an intensive outpatient group therapy program designed to meet the unique needs of senior adults struggling with symptoms of depression and anxiety that can sometimes be age-related. The program staff includes a board-certified psychiatrist, licensed social workers, a registered nurse, and other professionals dedicated to the emotional well-being of seniors in the community.

Anyone can refer an individual to the program including family members, physicians, self-

**ABOUT SENIOR LIFE SOLUTIONS**Founded in 2003, Senior Life Solutions is managed by Psychiatric Medical Care (PMC), a leading behavioral healthcare management company. Focused on addressing the needs of rural and underserved communities, PMC manages inpatient behavioral health units, intensive outpatient programs, and telehealth services in more than 25 states. The company's services provide evaluation and treatment for patients suffering from depression, anxiety, mood disorders, memory problems, post-traumatic stress disorder, and other behavioral health problems. For more information, visit [www.psychmc.com](https://cts.businesswire.com/ct/CT?id=smartlink&url=http%3A%2F%2Fwww.psychmc.com&esheet=51918096&newsitemid=20181221005292&lan=en-US&anchor=www.psychmc.com&index=2&md5=7c2134dda1c22eeeb4e1a0050b12927e).