

# Tri Valley Wellness Center

24/7

## Key FOB Access

Please let staff know if Key FOB is lost or stolen immediately.

## Membership Rates

	Single	Member + One	Single Senior	Senior + One	Family	Maintenance Single	Maintenance + one
Monthly	\$30.00	\$40.00	\$27.00	\$38.00	\$50.00	\$35.00	\$45.00
EFT Monthly *	\$25.83	\$34.16	\$23.25	\$31.91	\$42.50	\$30.83	\$40.00
Annual	\$310.00	\$410.00	\$279.00	\$383.00	\$510.00	\$370.00	\$480.00
			65 or Sterling Connection Member)	65 or Sterling Connection Member)	Children up to 26 still on your parents Insurance.		

\*EFT: Electronic Fund Transfer

<p>Exercise Class Pass \$6 (Most classes included in Membership)</p> <p>Daily Rate \$6 Please use envelope and place in drop box.</p>	<p>Rehabilitation Services (referred by TVHS Rehabilitation Services) <b>Must have signed ticket</b> From TVHS therapist <b><u>1st Month FREE</u></b></p>	<p>Cardiopulmonary (referred by TVHS Respiratory Therapist) <b>Must have signed ticket</b> From TVHS therapist <b><u>1st Month FREE</u></b></p>	<p>For more information, Contact Wellness Staff @ 308.697.1145</p>
---	---	---	--

Maintenance Membership is an organized program where a licensed therapist makes up your program. With this membership, members will have access to both the Wellness Center and the Rehabilitation Clinic. Access to the Rehabilitation Clinic will only be during business hours. This membership performed at the Rehabilitation Clinic will allow members to ask our Therapists questions and have some guidance when exercising.



Tri Valley  
Wellness Center