

## 2022 CHNA Implementation Plan - Furnas County (NE)

### Wave #4 (Tri Valley Health) 2022 CHNA Health Needs Tactics - Year 1 of 3 (Starting 5/1/2022 - 4/30/25)

| CHNA Health Areas of Need |  | T | "Specific Actions" to Address Community Health Need or "Reasons Why Hospital Will Not"  | Progress  | Identified "Lead"  | Identified Partners  | Timeframe   | (Hours) | \$\$\$ |  |
|---------------------------|--|---|---|---|--|--|---|---------|--------|--|
| 1                         | Mental Health (Diagnosis, Placement, Aftercare, Providers) | a | Collaborate with local schools to educate students on mental health to begin designating mental health conditions. Continue to build and promote behavioral health community education program. | Senior Life Solutions (SLS) does lots of promotions to end stigmas surrounding mental health in May. In 2023 SLS plans to distribute this material to area schools. Gather all mental health resources to give out at clinics. New mental health hotline 988 pamphlets and posters were handed out at schools. Provided school a directory that includes mental health resources. | Amy Shaner, Jolene Miller  | Senior Life Solutions / Southwest Nebraska Public Health Department / Schools / Churches   |   |         |        |  |
|                           |  |   | This health need is not part of hospital mission of critical operations. Will partner with others as appropriate.   | b   | Distribute and promote mental health service options in the area.  | May 2022- Promoted the resource directory from the Child Advocacy Center on Facebook. Tri Valley Health System in partnership with 3 local counseling businesses offers employees a certain number of free counseling sessions for employees and their family members. Directory of all mental health services is available to staff.  | Jolene Miller                                     |         |        |  |
|                           |  |   |   | c   | Promote suicide prevention training at schools. Develop and sponsor an anti-suicide campaign for local community members.  | Distribute information to schools and in the community on suicide prevention and will have many other campaign items. Bring awareness to suicide prevention on social media pages. Go to at least one school to discuss suicide prevention and coping skills.  | Amy Shaner, Jolene Miller                         |         |        |  |
|                           |  |   |   | d   | Continue to develop mental health referral relationships with key community partners for collective impact. Identify who we can refer to with capacity.  | Senior Life Solutions gives patients a mental health resources when they discharge so that the participants can continue counseling services. Promote Area on Aging Caregiver Support Program.   | Amy Shaner  |         |        |  |
|                           |  |   |   | e   | Continue to educate ER staff regarding mental health delivery issues. Provide continuing education courses, lunch and learn presentations, etc. to keep them current in terms of treating mental health issues.                            | Use new Relias platform for education material to TVHS staff. Implement Crisis Prevention Training for all staff.  | Kristi Shoemaker                                  |         |        |  |
|                           |  |   |   | f   | Continue to encourage area providers to look for and make referrals for the Senior Life Solutions program.   | Educate TVHS staff on the Senior Life Solutions program and what to look out for in potential referrals. She emails out "How to know if a patient will qualify" frequently.  | Amy Shaner  |         |        |  |
|                           |  |   |   | g   | Continue to enhance Mental Health clinic care support. Increase depression screenings (7 and older) by PCPs. Identify what screenings are currently taking place in all domains to know where enhancement or improvement is needed.        | The clinic currently completes the PHQ 2 screening with medical appointments for adolescents and up. Depending on the answers, the PHQ 9 is then completed, which are currently built into Meditech. Providers order Psychologist referrals using Genesis (telehealth). Referrals can be made to Medicine Creek Counseling, Senior Life Solutions, and Ambience Counseling in Meditech. Upon admission to their program, Senior Life Solutions does a geriatric depression screen, a Core 10, a suicide rating, and a Zung anxiety scale. Make folders for new clinic patients, which could include mental health resources, health department resources, and the resource directory from the Child Advocacy Center. Start up parenting classes again and discuss postpartum depression and other postpartum topics during this. Discussing ability to have a licensed mental health provider in the clinic. | Jodi Votapka/Jeri Powell/Jolene Miller/Amy Shaner |         |        |  |
|                           |  |   |   | h   | Continue to explore / develop relationships with key community partners in the area of mental health for collective impact. Look into partnering with local churches for additional support. Continue to support working with NE Region II | Contacted the Ministerial Alliance to ask them to consider starting a parenting, divorce, grieving, disease support, and/or caregiver support group. SLS takes rack cards for Senior Life Solutions to churches, coffee shops, city offices, funeral homes, pharmacies, clinics, nursing homes and assisted livings, and various other places in the area.   | Amy Shaner  |         |        |  |
|                           |  |   |   | i   | Continue to investigate grant writing to fund mental health and depression. Use grant funding to support mental health care and mental health prevention.  | June 2022-An inquiry was submitted to Healthier Kids for Our Future Mental Health Grant to fund a mental health speaker. Host speaker at Cambridge Community Building. Ask to record the speaker and/or have multiple sessions/locations. This would be open to students, community members, and employees. Consider asking area schools to pay a portion of the speaker cost if a grant cannot be obtained.   |   |         |        |  |
|                           |  |   |   | k   | Continue to promote 24-hour crisis hotline (Statewide Number: 800-273-8255), 1-800-784-2433).  | Senior Life Solutions gives a magnet with the mental health hotline number in every packet that is handed out. July 2022-shared new 988 number on Facebook.  | Amy Shaner/Jolene Miller                          |         |        |  |

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| 2                         | Senior Health            | a | Continue senior transportation for Healthcare and Mental Health services.  | Public transportation continues to service many seniors. They do all of the transportation for Beaver City nursing home and for Senior Life Solutions. Another van has recently been added to accommodate more travelers. We continue to promote these services. Brochures located at senior centers, Arapahoe senior center, and Parkside Manor. Senior Life Solutions communicates to members each month about the public transportation schedule. Staffing of Public Transportation currently does not allow for weekend transportation. Various promotions are offered to increase awareness and usage.   | Joyce Deaver, Amy Shaner, Deanna Weaver, Jolene Miller | Southwest Nebraska Public Health Department / Churches                 |           |         |        |
|                           |                          | b | Support senior activities and work together to establish new senior activities / programs for them to engage in.   | Continue FROGS program. Continue Senior Life Solutions (SLS) initiatives. SLS has done presentations for several Assisted Living facilities in the community about SLS. SLS has done a presentation at Arapahoe senior center. National Assisted Living Week, Grandparents Day in September 11-17 2022. Other ideas are bingo, a car show, fishing, summer activities, BBQ, a tractor show, walking trail. Continue to support Meals on Wheels. May 2022: Deanna is increasing ministry services for the residents. Request for talents to be activities for residents put on Facebook. Encourage school groups to come to the Assisted Living. Could be outside activities. There is a card group at Heritage Plaza daily and bingo once a week at Heritage Plaza. Tri Valley Assisted Living, SLS, and Public Transportation will be attending a senior fair to promote our services. | Deanna Weaver, Amy Shaner                              | Becky Johnson, Ken Dutt, Del Schoenfish may be possible board contacts |           |         |        |
|                           |                          | c | Promote awareness of senior services in the area.  | Continue to connect residents with Agency on Aging. Fulfill resident bucket list items. Deanna to get a list. July 2022- Completed - Resident wanted to ride a motorcycle for 101st birthday.   | Deanna Weaver, Amy Shaner                              |  |           |         |        |
|                           |                          | d | Increase access (promotion) to home health, nursing home, and assisted living care through community outreach programs.  | Share resources like Area Agency on Aging services in a format such as a senior fair or in newspaper promotions. Continue to provide Senior Life Solutions participants with resources like mental health provider business cards and connections to other resources. Continue to promote Tri Valley Assisted Living. Social Services staff will continue to offer all options for home health and print out Nursing Home Compare for inpatients and swing bed patients. Social services meets with referred patients and gives them all the options as well.   | Jolene Miller, Deanna Weaver                           | Charity  |           |         |        |
|                           |                          | e | Investigate grant writing to fund Senior Health delivery.  | Pursue grants that can help with Senior activities and facilities.  |  |  |           |         |        |
| 3                         | Child Care               | a | Continue to support Child Care education through 4H i.e., teen babysitting classes etc.  | TVHS has provided supplies to the babysitting classes and will consider it annually.  | Jolene Miller  |  |           |         |        |
|                           |                          | b | Continue to support working parents through business benefits (especially single) to make enough \$\$ for child care so they can continue to work or provide available resources for assistance. | Ongoing evaluation to continue to offer the insurance programs that we offer and the employee benefits that make it possible for parents to provide for their children and give them the ability to pay for child care. Annual wages increases given.   | Helena Perks   |  |           |         |        |
| 4                         | Uninsured / Underinsured | a | Continue to monitor changes to Federal health insurance policies for rural health organizations.   | Julie Schultz is continuously monitoring implementation and notification processes related to the No Surprises Act. There will be more action items related to this with changes to come in 2023.   | TVHS- Julie Schultz                                    | State of NE / Centers for Medicare and Medicaid Services / Payors      |           |         |        |
|                           |                          | b | Continue to engage with those who impact legislators to advocate for the uninsured and underinsured population.  | On March 22, 2022 Julie Schultz, Jessica Fisher, Diana Swindler, Helena Perks and Maranda Lee attended virtual Cline Williams 7th Annual Healthcare Law Forum to learn about current Nebraska legislative issues.   | TVHS- Julie Schultz                                    |  |           |         |        |

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|   | c | Continue to expand Marketplace enrollment assistance education. Help residents enroll into Medicaid / ACA insurance coverage by creating additional access points of resources. Provide education to public and community in regards to how to properly navigate your health insurance. | The Patient Accounting staff frequently refer patients by giving phone numbers to assistance sites, to Charity Gonzales of Tri Valley Health System Social Services for Medicaid information, and to local insurance agents. In July 2022, Erin Davis of South Central Agency on Aging did a training on the Medicaid process for Financial Services staff. Marketplace enrollment time is November 1 - December 15, 2022. She will work with Jolene Miller to promote and encourage enrolling. Promote Area on Aging State Health Insurance Assistance Program. Continue to encourage patients to apply for financial assistance by giving them the information during inpatient stays, in the Emergency Department, and when the need is recognized by Patient Accounting.  | TVHS- Julie Schultz          |  |           |         |        |
|   | d | Consider sliding fee schedules at clinics for self-pay patients.  | In June 2022, a sliding-fee schedule was added for the Rural Health Clinics. The Patient Financial Assistance policy was revised and approved.  | TVHS- Julie Schultz          |  |           |         |        |
| 5 Awareness of Healthcare Services  | a | Continue marketing activities. Promote existing healthcare services, facilities and specialists. Increase marketing activities to generate community interest and awareness.  | Jolene Miller will continue to send out The Pulse magazine quarterly to approximately 17,000 mailboxes. She will continue marketing in newspapers, radio, other direct mail, and the local Cambridge Chamber of Commerce weekly newsletters. She will continue posting on social media platforms including: Facebook, Google with increased Google ads and Facebook utilization calls, Instagram, and trivalleyhealth.com. Jolene Miller will continue to attend and speak to the Cambridge and Arapahoe Chamber of Commerce meetings. Utilize email marketing for patients who consent to email marketing. She will also have community facilities hang flyers for service offerings. Jolene Miller started a new video series in June 2022. She has started Tuesday Trivia featuring questions from these videos. She will consider increasing direct mailings to target populations. | TVHS- Jolene Miller          | Southwest Nebraska Public Health Department / Schools                      |           |         |        |
|   | b | Continue to send hospital leadership and staff to local events, activities, and programs to promote and publicize facilities & services. Organize who goes where and when.  | Jolene Miller and Jessica Fisher continue to attend Cambridge and Arapahoe Chamber of Commerce Meetings when available or requested. Jessica Fisher will continue to attend Arapahoe and Cambridge City Council meetings twice per month. TVHS participates in local town events to increase awareness and exposure.  | Jolene Miller/Jessica Fisher |  |           |         |        |
|   | c | Start up and host Tri Valley night at local sporting event where healthcare staff are able to describe their services to a different demographic of individuals than those that would be able to attend other events. Host annual career fair.  | Host annual career fair for area high school juniors to come learn about Tri Valley Health System and expose them to potential job opportunities. Held Tri Valley Night at Cambridge vs. Arapahoe basketball games; sponsor popcorn, have an informational booth, game and video at half time.  | Jolene Miller                |  |           |         |        |
| 6 Dental Services taking Medicaid   | a | Organize / conduct Neighborhood dental fair - focus on uninsured / Medicaid. This would be a free service to uninsured population. Explore other dental services in Nebraska. Seek grants to fund this if needed.   | May 2022 and February 2023 - Posted promotion for Southwest Nebraska Public Health Department Dental Pearls program on Facebook. July 2022- Call with Jet Dental, mobile dental clinic. It was determined that the services they provide are not a match to our goal.   | Jolene Miller                | Local Dentists / Southwest Nebraska Public Health Department / State of NE |           |         |        |
| This health need is not part of hospital mission of critical operations. Will partner with others as appropriate. | b | Facilitate communication between local schools and dental providers to increase service availability for students.  | June 2022- Contacted local schools to inform them about the dental services available to students in our area and about the insurance that our local dentist takes. Provided information regarding health department dental services as well.   |                              |  |           |         |        |
|   | c | Partnered with the Nebraska Hospital Association, Department of Health and Human Services, and the UNMC and offered free dental kits at our clinics.  | Partnered with the Nebraska Hospital Association, Department of Health and Human Services, and the UNMC and offered free dental kits at our clinics.  |                              |  |           |         |        |
| 7 Housing   | a | Continue to offer housing options at Heritage Plaza for all ages.   |   | TVHS                         | Economic Development / County / Cities                                     |           |         |        |
| This health need is not part of hospital mission of critical operations. Will partner with others as appropriate. |   |   |   |                              |  |           |         |        |
| 8 Nutrition - Healthy Food  | a | Increase access to healthy foods in schools for youth.  | Continue to support the backpack program. Donated \$500 to Arapahoe backpack program. Administration to do a food drive here for local Public Schools. Administration to sponsor food drive to be split among 3 backpack programs - Deanna to continue doing planters for Assisted Living gardening. May 2022- Josie Haussermann communicated to Principals about available grants to fund summer lunch programs. Bayer America's Farmers Grow Communities grant information sent to Principals.  | Tonya Koeppen, Jolene Miller | Schools / Southwest Nebraska Public Health Department / County / Cities    |           |         |        |

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| This health need is not part of hospital mission of critical operations. Will partner with others as appropriate. | b | Market and promote the local farmers market. Use social media and newspaper to expand and grow vendors.   | Marketed and managed the Farmer's Market. Encouraged vendors and shoppers to attend the Farmer's Market through the summer in the Cambridge Park.   | Tonya Koeppen, Jolene Miller                      | Randy Hoelscher   |           |         |            |
|   | c | Continue a program to teach people how to shop on a budget and eat 'healthy.  | Continue the diabetes prevention program. Various videos on cooking healthy and eating on a budget were made to educate people. Have a booth at Arapahoe FCCLA day booth. Healthy cooking demos are done twice a year.  | Tonya Koeppen, Jolene Miller                      |   |           |         |            |
|   | d | Continue Meals on Wheels program. Work with Dietitian to emphasize healthy foods.   | Marketed Meals on Wheels program on Facebook. along with other food resources in the area such as the food pantries, commodity foods, the school backpack programs, and SNAP assistance.  | Tonya Koeppen, Jolene Miller                      |   |           |         |            |
|   | e | Continue to promote WIC and Title 475 Supplemental Nutritional Assistance Program. Raise awareness of food bank. Expand "No Kid Hungry" initiative in county. Utilize clergy and other resources to increase access to healthy foods. Hold a food drive at Tri Valley Health System to donate items to the food pantries. | Flyer with resources. Simplify resource list and add Meals on Wheels, WIC, food stamps, food pantry information. Jolene posted on Facebook food resources in the area such as the food pantries, commodity foods, the school backpack programs, and SNAP assistance. Held a canned food drive in conjunction with Public Transportation Week and those who donated a canned item could ride free. | Tonya Koeppen, Jolene Miller                      | Schools/Southwest Nebraska Public Health Department                 |           |         |            |
|   | f | Promote fitness and healthy lifestyles focusing on food labels, restaurants healthy meals, nutrition, portion options, and Diabetes via health fairs, classes, speakers, etc.   |   | Tonya Koeppen, Jolene Miller                      | Southwest Nebraska Public Health Department                         |           |         |            |
| <b>9 School Health</b>  | a |   |   | TVHS- Jeri Powell                                 | Schools / State of NE / Southwest Nebraska Public Health Department |           |         |            |
| This health need is not part of hospital mission of critical operations. Will partner with others as appropriate. | b | Promote the initiatives of Southwest Nebraska Public Health Department in relation to healthy lifestyles in youth.  | Donated money to Southwest Nebraska Public Health Department Kids Fitness Day. Jolene Miller could promote the Vaccines for Kids program. As relationships are built with the schools, we will determine what further programs are needed.  | TVHS- Kyle Broadfoot                              | Southwest Nebraska Public Health Department                         |           |         |            |
|   | c | Work with schools to educate students about healthy living.   | Working with the PE teacher in Cambridge who wants to teach her advanced PE class about healthy living. We will work with the students to discuss exercising, eating healthy, and other various topics as needed.   | TVHS- Jolene Miller/Kyle Broadfoot/ Tonya Koeppen | Cambridge PE Teacher  |           |         |            |
| <b>Overall Total Contributions</b>  |   |   |   |   |   |           |         | <b>\$0</b> |