

DIRECT ACCESS TESTING

In keeping with our mission to provide exceptional quality care, we are pleased to offer a selection of laboratory testing at your convenience. The direct access testing is designed to evaluate your current health status at a discounted price. A provider's order is not required.

Direct Access Lab Testing is for those who want to learn about their health status without large out-of-pocket expenses.

Direct Access Testing allows individuals to request laboratory tests and receive results without a provider's orders or insurance involvement.

You will receive information about the screenings with your test results.

TESTING DATES & LOCATIONS

Monday-Friday 8am-3pm
Tri Valley Health System
1305 HWY 6&34
Cambridge, NE 69022
308-697-3329

1st & 3rd Wednesday 8am-10am
Tri Valley Health System
Arapahoe Rehab
211 Nebraska Avenue
Arapahoe, NE 68922

4th Wednesday 8am-10am
St. Catherine's Parish Hall
815 D. St.
Indianola, NE 69034

If you have any questions, please contact your healthcare provider.

For more information about Direct Access Testing contact Tri Valley Health System Laboratory at 308-697-3329.

DIRECT ACCESS TESTING

Lab testing at a discounted rate
Available

Cambridge - Monday-Friday
8am-3pm

Arapahoe - 1st & 3rd Wednesday
8am-10am

Indianola - 4th Wednesday 8am-10am



TRI VALLEY
HEALTH SYSTEM

What you need to know about direct access testing

*Direct access testing allows consumers to order their own laboratory tests without consultation or an order from their medical provider. DAT focuses on health and preventative medicine, offering individuals the opportunity to take more active roles in their healthcare. Because this eliminates many steps of processing that a typical lab test goes through to be submitted to insurance or Medicare we are able to offer it at a reduced rate.

*No appointment is necessary, simply come in during open times and check in with the registration desks and ask for Direct Access Testing.

*Anyone under the age of 19 must be accompanied by a parent or guardian.

*You must pay for the tests in advance by cash, check or credit card. Insurance and Medicare will NOT be billed.

Test Menu	Price
Comprehensive Blood Panel *includes Alaminine Aminotransference, ALT (SGPT), Albumin, Alkaline Phosphatase (ALKP), Asparate Aminiotransference, AST (SGOT), Bilirubin, Blood Urea Nitrogen, Calcium, Carbon Dioxide, Chloride, Creatinine, Glucose, Potassium, Total Protein, and Sodium.	\$25
Lipid Panel *Includes LDL and HDL.	\$25
Complete Blood Count includes red blood cells, white blood cells, platelets, hemoglobin, hematocrit, and mean corpuscular volume.	\$25
Prostate Specific Antigen	\$25
Vitamin D	\$60
Thyroid Stimulating Hormone	\$25
Free thyroxine (FT4)	\$25
Hemoglobin A1C	\$25

Other frequently asked questions

Can I have other lab work drawn/completed at the same time, such as if I have an order from my provider for other labs?

Unfortunately no; direct access testing with TVHS is handled differently than regular order tests and cannot be drawn at the same time.

How can I access my results?

You will receive your results in the mail. You may also access your results through the patient portal by logging into

www.trivalleyhealth.com/patientportal

Are the results confidential?

The results are confidential. Direct access testing is treated like other labs, with your privacy and confidentiality in mind. You are the only one who receives your test results. Results of direct access testing are added to your regular medical record and patient portal.

What if I receive an abnormal result?

An abnormal result does not necessarily indicate disease. We strongly recommend that you discuss your results with your provider as they will not receive a copy of your results. A provider will be notified if you do have a critical test result.

Who can I contact if I have questions about the results?

The laboratory cannot interpret your results for you. You should contact your medical provider for questions concerning your test results. If you do not have a provider you can contact Tri Valley Health System 308-697-3317 for an appointment with a provider.