

We *provide* peace of mind

- ⊗ We provide minimal assistance with everyday tasks
- ⊗ Full meals restaurant style
- ⊗ Fully certified Medication Aides available
- ⊗ 24/7 staffing by Medication Aide
- ⊗ Transportation to provider appointments
- ⊗ Planned trips and excursions
- ⊗ Twice daily activities

Medications may be administered by the facility. These medications will only be given by a licensed person or a Medication Aide in accordance with State of Nebraska laws. All medications must be ordered by a provider and dispensed by a pharmacy. The nurse who completes your initial assessment will visit with you about your medications.

Emergency response system is located in your suite and in your bathroom. A pendant call button will also be given to each resident so you can call for assistance in other areas of the building.



Staffing

Tri Valley Assisted Living is staffed around the clock by a certified Medication Aide. A licensed Registered Nurse will examine you prior to admission to determine if you can be cared for in our facility.

When you are admitted, we will provide only the assistance that you need and desire. It is our goal that you maintain your independence and life style as much as possible.

Minimal assistance is available for bathing and dressing, etc. We will also develop a personal plan of care for you.

Nursing staff will perform a regular “wellness check” with you. This will help you maintain your health and well being.

Questions

If you have any questions, please ask your Medication Aide. They are here to help you and make your stay with us enjoyable.

Tri Valley Health
System Assisted Living
Community is an Equal
Opportunity Provider



EQUAL HOUSING
OPPORTUNITY

711 Mousel Avenue
Cambridge, NE 69022
Phone: 308.697.4422
Fax: 308.697.4425
www.trivalleyhealth.com

Where *you* choose
how to live your life



Tri Valley
Assisted Living

Better Health • Better Life



TRI VALLEY
HEALTH SYSTEM

Welcome to a place
you will truly love to call
Home



Transportation

Meal Service

Three nutritious meals are served daily, restaurant style, in our dining room.

Snacks are also available at all times. Ask your Medication Aide and they will help you with a snack.

If you are on a special diet this will be identified at your assessment. Our nurse will work with the Certified Dietary Manager to prepare your diet.

Breakfast: 7:30 am

Lunch: 12 Noon

Dinner: 5:30 pm

Housekeeping Services are available once a week with a light pickup in between. You will be notified of the schedule for your apartment.

Laundry and Linens we ask that you bring your own towels, wash cloths and bed linens. Weekly laundry of the above items will be provided by our facility at no additional cost to the resident. Personal items may be laundered by our staff at a charge of \$5.00 per load.

Transportation is available from Tri Valley Public Transportation. If you have an appointment or need to go to town, ask our staff to help you arrange transportation.

Activities occur two times per day. Our staff does their best to plan activities based on your interests.

Beauty/ Barber Shop is located in the facility.

TV Service is provided through DIRECTV for \$12 a month. The monthly fee will be added to your bill.

Telephone service in your suite will be privately arranged by you and the telephone company.

Guest

Tri Valley Assisted Living encourages you to entertain guests in your new home. A small private dining room is available for your use and you may purchase meals for your guests. To make reservations, call the Assisted Living Office (308.697.4423) or tell your Medication Aide. Reservations need to be made as follows:

Meal	Reserved by
Breakfast	Preceding Evening
Lunch	10:00 a.m.
Supper	2:00 p.m.
Sunday	Noon Friday
Holidays	2 Days Prior

Assisted Living Rates Effective 7/1/22

Apartments	Pricing per day
1- Bedroom	\$107.00
2- Bedroom	\$120.00
Second Occupant	Additional \$67.00